



You're invited to our class Make Parenting a Pleasure



Our parenting classes are designed to help parents understand the developmental stages of their children. Learn practical parenting techniques. Improve family communication. Develop a stronger emotional connection with their children.

Location: CHULA VISTA WIC OFFICE
1655 Broadway, Suite 16 Chula Vista, CA 91911

Time: Tuesdays, 9:00 to 11:00am
(Twelve week program)

Language: *Class will be taught in English*

◆ FREE CLASSES ◆
For information please call
(619) 662-4199

“The mission of Healthy Steps is to promote, protect and improve the health and well-being of our community’s children and families”



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