

Menu for **October 9th** **- December 15th, 2017**

NATIONAL SCHOOL DISTRICT
This institution is an equal opportunity provider



BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Blueberry Muffin	Sweet Potato Muffin Top	Pancake & Sausage on a Stick	Sausage Biscuit Sandwich	French Toast Sticks
Back 2 Basics Bar	Bagel with Cream Cheese	Breakfast Pizza Bagel	BeneFIT Bar	Ultimate Breakfast Round
Assorted Cereal & String Cheese	Assorted Cereal & String Cheese	Assorted Cereal & String Cheese	Assorted Cereal & String Cheese	Assorted Cereal & String Cheese

Salad Bar

A selection of fruits & vegetables is offered daily:

FRUITS: oranges, bananas, apples, pears, blueberries, dried fruits, peaches, watermelon, fruit cups, and 100% juice

VEGETABLES: tossed salad, carrots, celery, cauliflower, cucumbers, broccoli, jicama, tomatoes, beans, and corn

Please note that all menu items are subject to change

Students may choose 1% white milk or nonfat flavored milk



MENU PRICES

All students eat for **free** at breakfast and lunch

Adults

Breakfast Entrée \$1.00

Breakfast Meal \$1.75

Lunch Entrée \$2.00

Lunch Meal \$3.00

Whole Fruit \$0.50

Milk \$0.50

PIZZA DAYS: OCTOBER

Central 9th
El Toyon 5th
Ira Harbison 11th
John Otis 19th
Kimball 13th
Las Palmas 23rd
Lincoln Acres 30th
Olivewood 3rd
Palmer Way 17th
Rancho 25th

LUNCH

All breakfast and lunch items are made with whole grains

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Nuggets & Roll	BBQ Pork Sandwich	Bean & Cheese Burrito	Chicken Nuggets & Roll	Teriyaki Beef Dunkers & Roll
Hot Dog	Corn Dog	Fish & Chips	Hamburger	Spaghetti & Roll
Cheese Pizza	MAX Cheese Sticks	Ham & Cheese Sandwich	Toasted Cheese Sandwich	Cheese Quesadilla

