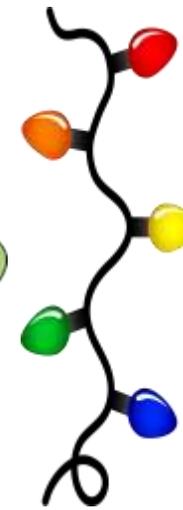


Menu for
November 28th, 2016 - January 27th, 2017

NATIONAL SCHOOL DISTRICT
 This institution is an equal opportunity provider



MENU PRICES
 All students eat for *free* at breakfast and lunch

Adults
 Breakfast Entrée \$1.00
 Breakfast Meal \$1.75
 Lunch Entrée \$2.00
 Lunch Meal \$3.00
 Whole Fruit \$0.50
 Milk \$0.50



Salad Bar

A selection of fruits & vegetables is offered daily:

FRUITS: pineapple, honeydew, oranges, mango, bananas, apples, blueberries, applesauce, dried fruits, frozen fruit, watermelon, lemons, 100% juice.

VEGETABLES: tossed salad, carrots, cauliflower, cucumbers, broccoli, jicama, tomatoes, beans, celery, snap peas, and corn.

BREAKFAST

Students may choose 1% white milk or nonfat flavored milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mini Maple Pancakes	Banana Bread	Ham & Cheese Croissant	French Toast	Breakfast Wrap w/ eggs and cheese
Oatmeal Bar	Breakfast Burrito w/ chorizo and eggs	Breakfast Pizza Bagel	Sweet Potato Muffin	Bagel with Cream Cheese
Assorted Cereal & Cheese Stick	Assorted Cereal & Cheese Stick	Assorted Cereal & Cheese Stick	Assorted Cereal & Cheese Stick	Assorted Cereal & Cheese Stick

LUNCH

All breakfast and lunch items are made with 51% or more whole grains

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bean & Cheese Gordita	Veggie Chili	Sunbutter & Jelly Sandwich	Yogurt & Granola	Bean & Cheese Burrito
French Bread Pepperoni Pizza	Taco Nada	Chicken Fajita	Corn Dog	Chicken Chunks
Fish Treasures w/ Biscuit	Hot & Spicy Chicken Sticks	Chicken & Cheese Tamale	Orange Chicken with Rice	Spaghetti with Meat Sauce

PIZZA DAYS:



DECEMBER, 2016	JANUARY, 2017
Rancho 1	Ira Harbison 12
El Toyon 2	Rancho 13
Ira Harbison 5	Kimball 17
John Otis 7	El Toyon 19
Kimball 9	Central 20
Lincoln Acres 12	Las Palmas 23
Central 14	Palmer Way 25
Palmer Way 16	Lincoln Acres 27
Olivewood 20	John Otis 30
Las Palmas 22	Olivewood 31